

# Sharon Glassburn

Licensed Marriage and Family Therapist (IL 166.001153; CT 27.003143)

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## EXPERIENCE

### **Curiosity Counseling, Chicago → New Haven – Self-Employed**

JAN 2017 - PRESENT

[www.curiositycounseling.com](http://www.curiositycounseling.com)

Solo practice centering neuroqueer populations and gender, sexual, and relationship diversity (GSRD), including LGBTQ+ identity work, kink and BDSM, and ethical nonmonogamy or CNM.

### **West Hartford Holistic Counseling Center, West Hartford, Connecticut— Associate Therapist (Independent Contractor)**

JUNE 2014 - DEC 2016

Built up a full-time caseload under supervision in a group private practice setting. Specialized in serving the LGBTQ, BDSM, and CNM communities; diversified couple and family work. Primarily worked with clients using their Medicaid insurance.

### **RE-Center (formerly Discovery Center), Hartford, Connecticut— Facilitator**

JAN 2015 - JUNE 2016

Group facilitation with school-age children and teens applying themes of anti-racism, leadership, diversity, inclusion, and equity education.

### **Counseling in Schools, New York, New York— Crisis Counselor**

OCT 2013 - FEB 2014

Implemented Project HOPE and Skills for Psychological Recovery programming at Village Academy, a junior high school in Far Rockaway, a severely-impacted flood zone of Hurricane Sandy. Conducted outreach, counseling, and education for sixth through eighth grade students, teachers, administration, and other support staff, in both individual and group-based formats. This was a short-term position based on the availability of grant funding.

## TRAINING

Acceptance and Commitment Therapy (ACT)

Premarital Counseling (PREPARE/ENRICH certified)

Positive Discipline Parent Education

Skills for Psychological Recovery

AAMFT Supervisor Course

Narrative Therapy (Level 2)

LGBTQ Emotionally Focused Counseling Externship

## SKILLS

Trauma-Informed Psychotherapy

Relationship Therapy

Professional and Nonfiction Writing

Writing Instruction

Group & Workshop Facilitation

## ORGANIZATIONAL VOLUNTEERING & PRESENTATIONS

Community-Academic Consortium for Research on Alternative Sexualities (CARAS)

Informer Coaching

Hartford Gay and Lesbian Health Collective

True Colors

PFLAG

Identity House

Girls Write Now

## EDUCATION

### **Adler University, Chicago** — *Master of Arts in Couple and Family Counseling*

AUG 2010 - AUG 2013

Interned with Lawrence Hall Youth Services, Jane Addams Hull House, and Trinity Services' Family Counseling Center. Participated in a 2-week cultural immersion internship in Timișoara, Romania.

### **West Virginia University, Morgantown, West Virginia** — *Bachelor of Arts in Psychology (summa cum laude)*

AUG 2006 - MAY 2010

Assisted with doctoral-level research about pain and anxiety as well as preschool shyness and social behavior. Presented at a university literature symposium about gender themes from the rock musical *Hedwig and the Angry Inch*.

## WRITING SAMPLES

### **Blog** — [curiositycounseling.com/blog](http://curiositycounseling.com/blog)

Nonfiction book reviews and exploratory sexuality topics.

### **Topic Expert contributions** — [goodtherapy.com/blog](http://goodtherapy.com/blog)

Articles about relationships, sex, and gender.

## AWARDS

Adler School Community Leadership Scholarship

Summa Cum Laude

Phi Beta Kappa

Psi Chi

PROMISE Scholarship