

Sharon Glassburn (she/they)

Licensed Marriage and Family Therapist (IL 166.001153; CT 27.003143)

New Haven, CT 06511
(203) 212-9757
sharon@curiositycounseling.com

EXPERIENCE

Self-Employed, Chicago, Illinois → New Haven, Connecticut

JAN 2017 - PRESENT

www.curiositycounseling.com

Solo practice centering neuroqueer populations and gender, sexual, and relationship diversity (GSRD), including LGBTQ+ identity work, kink and BDSM, and ethical nonmonogamy or CNM.

New Haven Early Childhood Council, New Haven, Connecticut – Parent Ambassador

JULY 2024 - PRESENT

Supporting relationships between parents in New Haven through conversations in the community, organizing community meetings and other engagement events and opportunities for families, and collaborating with local organizations to support needs-specific and general early childhood programming.

West Hartford Holistic Counseling Center, West Hartford, Connecticut— Associate Therapist

JUNE 2014 - DEC 2016

Built up a full-time caseload under supervision in a group private practice setting. Specialized in serving the LGBTQ, BDSM, and CNM communities; diversified couple and family work. Primarily worked with clients using their Medicaid insurance.

RE-Center (formerly Discovery Center), Hartford, Connecticut— Facilitator

JAN 2015 - JUNE 2016

Group facilitation with school-age children and teens applying themes of anti-racism, leadership, diversity, inclusion, and equity education.

Counseling in Schools, New York, New York— Crisis Counselor

OCT 2013 - FEB 2014

Implemented Project HOPE and Skills for Psychological Recovery programming at a junior high school in a severely-impacted flood zone of Hurricane Sandy. Conducted outreach, counseling, and education for sixth through eighth grade students, teachers, administration, and other support staff, in both individual and group-based formats.

TRAINING

Acceptance and Commitment Therapy (ACT)

Premarital Counseling (PREPARE/ENRICH certified)

Positive Discipline Parent Education

Skills for Psychological Recovery

AAMFT Supervisor Course

Narrative Therapy (Level 2)

LGBTQ Emotionally Focused Counseling Externship

SKILLS

Trauma-Informed Psychotherapy

Relationship Therapy

Professional and Nonfiction Writing

Writing Instruction

Group & Workshop Facilitation

ORGANIZATIONAL VOLUNTEERING & PRESENTATIONS

Community-Academic Consortium for Research on Alternative Sexualities (CARAS)

Informer Coaching

Hartford Gay and Lesbian Health Collective

True Colors

PFLAG

Identity House

Girls Write Now

EDUCATION

Adler University, Chicago, Illinois— *Master of Arts in Couple and Family Counseling*

AUG 2010 - AUG 2013

Interned with Lawrence Hall Youth Services, Jane Addams Hull House, and Trinity Services' Family Counseling Center. Participated in a 2-week cultural immersion internship in Timișoara, Romania.

West Virginia University, Morgantown, West Virginia— *Bachelor of Arts in Psychology (summa cum laude)*

AUG 2006 - MAY 2010

Assisted with doctoral-level research about pain and anxiety as well as preschool shyness and social behavior. Presented at a university literature symposium about gender themes from the rock musical *Hedwig and the Angry Inch*.

WRITING SAMPLES

Blog — curiositycounseling.com/blog

Nonfiction book reviews and exploratory sexuality topics.

Topic Expert contributions — goodtherapy.com/blog

Articles about relationships, sex, and gender.

AWARDS

Adler School Community Leadership Scholarship

Summa Cum Laude

Phi Beta Kappa

Psi Chi

PROMISE Scholarship

FEATURED IN

[The New York Times](#)

[Chicago Tribune](#)

[Laziness Does Not Exist by Devon Price](#)